

# Join Friends for Life and Celebrate The Spirit of Christmas



Many elderly and people with disabilities have no one to remember them this holiday season. Their needs and wishes for Christmas might go unfulfilled without your help.

## Clothing & Accessories

Tee Shirts (Short Sleeve) Med. thru 3X  
Ladies Nightgowns Med thru 3X  
Ladies Cotton “duster” or loose fitting  
“patio” dresses Med. thru 3X

Robes for men & women - various sizes  
Warm-up or Sweat suits - Lg. thru 3X

Cardigan Sweaters - Lg. thru 2X (washable)  
Gloves, Socks, White Tube Socks, Billfolds,  
Coin Purses, Handkerchiefs, Non-Skid Slippers,  
House Shoes, Slipper Socks, Stocking Caps,  
Eyeglass Chains, Fanny Packs & Shawls

## Personal Care Products

Shampoo, Hair Detangler Spray, Conditioner,  
Body & Hand Lotions, Colognes (small sizes),  
Combs & Hairbrushes, Shaving Cream, Bath  
Powder, Hair Clips, Hand Sanitizers (small size),  
Make Up Kits

## Items to Brighten a Room

12” to 24” Decorated Christmas Trees  
Small Figurines - Music Boxes - Knickknacks  
Poinsettias - Calendars - Doilies - Potpourri  
Sachet - Artificial/Silk Flower Arrangements  
Door Wreaths (all occasions)  
Hangers for Door Wreaths

## Miscellaneous Gifts

Large Print Crossword Puzzle Books  
Word-Find Books - Magnifying Glasses  
Pocket Radios with Batteries  
Playing Cards (large numbers) - Dominoes  
Large Piece Jigsaw Puzzles  
Large or Giant Print Bibles or Devotionals  
Stuffed Animals - Teddy Bears - Yarn for Knitting  
or Crocheting - Blankets - Small Electric Heaters  
All-Occasion Greeting Cards w/ envelopes  
Postage Stamps - Phone Cards

## Gift & Packaging Materials

Christmas Gift Bags - Large  
Holiday Gift Wrap  
Colorful Tinsel Filler/ Colorful Tissue  
Bows/Ribbon & Tape

## Christmas Goodies

Holiday Cookies & Candy  
Sugarfree Snacks/Desserts  
(Please label)

## Volunteer Help Needed

Make Phone Calls - Pick Up Gifts  
from Drop Off Locations, Wrap  
& Sack Gifts at **Wrap/Packaging  
Parties** on Saturdays: **Dec. 5th, 12th  
& 19th, 10a-2p.** Help Deliver Gifts  
After Packaging Parties.



If you can help with any of these items, would like to volunteer or make a donation to this work please contact Friends for Life, 5000 Lakewood, Waco, TX 76710 254.772.7600 or 1.866.240.6106 or email us at [friends@friendsforlife.org](mailto:friends@friendsforlife.org)

